

Currents



Antelope Memorial Hospital

Newsletter for employees of Antelope Memorial Hospital

January 27, 2012

February 14, 2012



Bloodmobile Scheduled

The **bloodmobile** is coming on **Mon., Feb. 6th** from **10:30 a.m.-4:30 p.m.** at the **American Legion**. To schedule an appt., call **Danielle Mortensen** at **887-4321** or **Stacey Mitchell** at **776-2433**.

“Biggest & Best Loser”

A total of 107 individuals are registered for AMH’s “Biggest and Best Loser” Contest. In addition, 27 individuals attended the first S.T.A.C class last week. Good job, Natalie and Jessica!

In recognition of **National Cardiac Rehab Week, Feb. 12 - 18, 2012**, breakfast casseroles will be served on **Wed., Feb. 15th** in the **AMH cafeteria** from **8:30 - 10:00 a.m.** Please mark your calendar!

Employee Drawings

The AMH employee winners of the \$20 meal ticket drawings are:

Stacey Mitchell	Feb 6
Kelly Hanson	Feb 20

TeamSteps

A program, called TeamSteps, is being implemented at AMH. The program is designed to teach different techniques and skills necessary for all employees to work most effectively together as a team. Its purpose is to enhance communication both interdepartmentally and intradepartmentally, for better patient safety. The importance of communication amongst co-workers is stressed in having an awareness of and taking ownership (by all employees) for the patient’s welfare. The final workshops for the first class is scheduled for Tues., Jan. 31st at 9 a.m. or 4 p.m. at the Firehall.

Party Held



On Tues., January 17th, a celebration was held in recognition of Bev Coover’s 70th birthday and retirement. Best wishes, Bev!

Healthier Choice

Sea salt, instead of regular salt, is now being served to employees—offering a much healthier choice. Thank you, Dietary!

Remodeling Project Update



Pictured above is the Cardiac Rehab Area being renovation.

In December 2011, the partial renovation of second-floor east side was completed. Cardiac Rehab (CR) was temporarily moved there while its original location is being renovated. A few admin/business offices were also moved there. In addition, the installations of a new elevator and bathrooms were also completed in this phase.

Following CR’s move, renovation of the west-side first and second floors began. Both west-side areas are estimated to be completed in July 2012. CR will then move back to its original location on the west. The first-floor west side will become the new location for Physical Therapy.

A therapy pool will be installed later within the new outpatient PT area. The pool will allow for the development of an Aquatic Rehab Program for the appropriate patients. Its completion is estimated to be early fall of 2012.

The remaining phases include renovation of first-floor east and second-floor north end in the future.



Employee Birthdays

Stacey Mitchell	2/01
Terra Kimes	2/02
Emma Powell	2/07
Judy Broberg	2/07
Shannon Tegler	2/12
Daniel Payne	2/15
Carol Busteed	2/16
Jane Thieman	2/18
Georgia Hoefler	2/26
Aaron Kruger	2/26
Janice Esau	2/28



Employee Anniversaries

33 years:
Mary Schwager
29 years
Sharlene Arehart
24 years
Gwen Beckman
13 years
Angela Kummer
10 years
Desireé Wilkinson
7 years
Michelle Stearns

Thank yous:

AMH Board of Trustees & Medical Staff Employees,

Thank you for the sleigh and arrangement sent at the time of Dad's death. Your kindness is very much appreciated. It's great working with such a wonderful group of people.

Dennis & Mary Schwage

New Employees:



Tami Kester, RN, joins AMH as the new clinic manager. She and her husband, Mike, and children, Zachary, age 17, and Audrey, age 14, reside in Neligh. Zachary is a junior and active in football, wrestling and FBLA. He plans to become a pilot by attending UNL and the Air Force. Audrey is an 8th grader and active in VB, BB, SB, track and dance.

Tami attended District #35, Neligh High School, Wayne State College and Bryan School of Nursing. Her favorites include: music – country western; movies – all Christmas movies; book – “Heaven is for Real”; TV – HGTV; vacation place – Hawaii and quote: “You’re never too old to learn” and (Tami’s quote) “It takes all of us, working together as team players to take the best care of our patients”.

Tami loves spending time with her family, especially her children’s sporting events. Her hobbies are flower and vegetable gardening, cooking and crafts.



Cassie Parks joins AMH as a new clinic receptionist. Neligh is her hometown. She attended school at West Ward Elementary, Pope John Central Catholic and Midland Lutheran College.

Cassie’s favorites include: music – country; movies – Twilight and Bridesmaids; books – Twilight and Harry Potter; TV – The Voice, Bachelorette and Grey’s Anatomy; foods – ice cream and chicken; vacation place: camping at Gavin’s Point Dam and quote: “Sing like no one is listening!” Her greatest accomplishment is graduating from college and becoming independent. Cassie’s interests include working out, spending time with family and friends and playing volleyball.



Michelle Bolling joins AMH in Medical Records. She and her husband, Daniel, and their children, Tyson, a 10th grader, and Cheyenne, an 8th grader, reside in rural Brunswick. Tyson is active in FB, wrestling, FFA, chorus, hunting, fishing and being with friends. Cheyenne is active in VB, recording wrestling stats, FFA, chorus, hunting, babysitting and being with friends.

Michelle attended school at District #35, N-O Public and Lincoln School of Commerce.

Michelle’s favorites include: music – variety; movies – The Blindside; book – “Heaven is for Real” and TV – HGTV and the food network and quote: “If you start something, finish it.” Her interests include photography, booster club chairperson, Brunswick Fire Dept., spending time with family and friends and attending children’s activities.