

Labor Day Weekend 2010



Final Days of Summer

Departments Recognized

In recognition of the **AMH Business Office** and **National Healthcare Housekeeping Week, September 12th-19th**, coffee cake will be served on **Friday, September 17th** from **8:30 a.m. - 10:00 a.m.** in the **breakroom**.

Raffle for \$50 Gift Certificate:

To your Favorite Restaurant *OR* Salon *OR* New Day Massage

Cost: \$1/ticket, \$5/6 tickets or \$10/12 tickets

Available in Admin or Nursing
Proceeds for future AMH projects!

Masters Completed

On August 13th, Carol Anderson, RN, graduated from the UNMC College of Nursing with a Master's of Science Degree in Nursing! Carol's major was in geriatric nursing. Carol is now eligible to take the national exam to become board certified as a geriatric nurse practitioner. Congratulations, Carol!

Digital Mammography Unit Open House Held

On Monday, August 23rd, an open house for the new digital mammography unit was held from 11 a.m.-1 p.m. Over 50 individuals from area communities attended.

Hot pink AMH t-shirts were awarded to the first 50 individuals to tour the new mobile unit which was parked in front of the AMH lobby. Drawings were also held.

At noon, Dr. Robert Faulk, radiologist, presented a talk about breast cancer and the advantages of digital mammography over film. Dr. Faulk reads all of AMH's mammography studies and is the only board certified radiologist with a fellowship in mammography in Nebraska.

Hats off to the Radiology Department for a job well-done!

Special Olympics

In July, Special Olympics were held at the Neligh Park Pavillion. Congratulations to Meredith Martin who gave a inspirational speech at the event and was also awarded a medal for her participation.

"It was really fun to be a part of Special Olympics," said Meredith. "I always wanted to participate in it - but it was too far away and difficult for Mom to get off from work." Meredith's motto is "We all are more alike than different".

Congrats, Meredith, on this special accomplishment!

AMH Health Specials In October



Lab specials and vaccination updates will be offered to **AMH employees in October** at **no charge**. (Date and time with further details to follow.)

The **spouses** of employees will be eligible to receive the lab specials at the **discounted rates** listed below.

Lab specials offered include a **CBC, CMP (chem. panel), lipid panel and TSH for \$45**. (Please fast for 8 - 10 hours.) **PSAs** for men will also be offered at a cost of **\$25**. No appointments are necessary.

ImpACT Program

On Wed. evening, August 25th Matt Belitz, MPT (physical therapist) will present ImpACT to area coaches. ImpACT is a computer test developed to help clinicians evaluate an athlete's recovery following a concussion.

Each athlete is given a baseline test during the preseason. If a concussion is later suspected during the regular season, a follow-up test is administered to see if the results have changed from the baseline. This comparison helps to diagnose and manage the concussion while helping to determine the athlete's ability to return to play.

This is a great program which reflects AMH's leadership role in health care. Thank you, Matt, for making this possible!



Employee Birthdays

Wanda Linnaus	9/01
Michelle Stearns	9/01
Susan Ames	9/09
Janet Wolfe	9/10
Brynn Hughes	9/14
Barbara Tichota	9/15
Doris Kluthe	9/16
Jean Booth	9/17
Shantell Boggs	9/17
Margaret Childers	9/19
Duane Risinger	9/22
Lyle Juracek	9/22
Diane Carpenter	9/30

Employee Drawings

The AMH employee winners for the bi-weekly meal ticket drawings (valued at \$20) are:

Brynn Hughes	Sept 6
Joan Wright	Sept 20

Thank yous:

AMH & Jack Green,

Thank you for the wonderful care Gene received. All of your nurses were wonderful to him.

Sincerely,
Irene Martin

Dear AMH Board, Med Staff, employees and ambulance squad,

Thank you for the excellent care you gave our mother and grandmother. The compassion, words of comfort and hugs.

I couldn't work at a greater place with such terrific people. Thank you for the lovely yellow cushion mum plant. Thank you for helping to celebrate Dottie's life and mourn our loss.

Wanda & Steve Cornett & sons
Carolyn & Vito Capone & family
Diane, Ron & Nancy



Employee Anniversaries

35 years
Kathleen Anson
Diana Kester
27 years
Jolene Mosel
24 years
Jack Green
22 years
Cecilia Peterson
17 years
Barbara Stuhr
Heather Dawson
15 years
Rhonda Jensen
12 years
Nancy Flenniken
JoAnn Penne
11 years
Connie Farmer
10 years
Sue Schiltmeyer
Jamie Martinsen
Margaret Childers
9 years
Stacey Mitchell
Meredith Martin
6 years
Kelly Hanson
2 year
Zolana Costello
Bethany Jedlicka

Thank you Antelope Memorial Hospital for sponsoring this year's Antelope Co. Fair! I had a great time once again at the fair. The nice ribbons and trophies wouldn't be possible without nice people like you! Thanks again!

Morgan Brozek



Congratulations to Karen & Tom Dietz on the birth of their granddaughter, Isabella Kay Kester, born on August 9, 2010, weighing 5 lbs. 8 oz. Parents are Dana & Candace Keater of Clearwater. Isabella joins three sisters, Aislynn, Shaylie and Abryelle.

Thank you so much for sponsoring the trophy I won in Senior Ground Roping. It is greatly appreciated.

Thanks again,
Morgan Hall

To my "AMH Family",

Thanks for the thoughts, prayers, calls, visits and the card. You are all a great group to work with. The care I received at AMH was wonderful. Also thanks for the lottery tickets. I made a \$37 profit!

Also thanks to the nurses for putting up with me on a daily basis for my IV therapy. I'm looking forward to September 6th when I can get back to my normal routine.

I feel so blessed to have such a caring group to work with. Thanks again.

Sandy Wright

Dear Jack Green,

Thank you so very much for sponsoring the Jr. Grand Roping Trophy. It was really appreciated. Thanks again.

Catelyn Hall

Thank you for sponsoring the Reserve Champion for Jr. Showmanship Poultry. Thanks for supporting 4-H.

Rachel Higgins